

Important Read



This audio recording will induce an altered state of consciousness. Please do not listen while driving or operating heavy machineries.

Many people have experienced positive results just after 2 weeks of use. You may use this on a daily basis just before bedtime.

It will be perfectly fine even if you drift away into a deep sleep during the experience.

An altered state (trance-state) creates a deep feeling of bliss in both conscious and sub-conscious area of one's mind.

You may become more focused and energized as your mind gets de-programmed of the old habits (**disassociation of negative feelings and emotions**) during the hypnotic trance state.

Continuous usage will bring about more permanent changes and positive effects. Many people have experienced the improved ability to deal with more difficult situations in life with regular use.